

10 Step Program for Sexual Healing

1. We admit honestly that our homosexuality is sin and that it hurts God and His Son Jesus Christ to know that we are practicing homosexuals.
(Lev. 18:22, 20:13; Rom. 1:24-32; 1 Cor. 6:9; Jude 7-8; 1 Tim. 1:8-11; Gal. 5:18-24)
2. We make a decision of our own free will to receive Jesus Christ as our personal savior (if we have not already) whereupon the Holy Spirit comes into our lives.
(John 1:12, 3:16-18, 16:7-15; Acts 19:1-7; Rom. 8:8-11)
3. We take an inventory of ourselves and make a confession to God, admitting our sins.
(1 John 1:5-10; James 5:16; Psalms 32:5)
4. We make a strong effort to read the Bible daily and to attend weekly worship services at our respective churches.
(Exodus 20:8; Deut. 5:12; Heb. 10:24-25)
5. We truly accept that God can heal us from our homosexuality and that we must have patience and faith to wait for that healing.
(Rom. 12:1-2; Luke 1:37; 1 Cor. 6:9-11)
6. We make a strong effort to rid ourselves of all homosexual-oriented temptations or practices, including: masturbation, fantasies, pornographic material, non-supportive friends, and frequenting gay cruising areas.
(Rom. 13:11-14; 1 Cor. 5:9-13; Eph. 4:17-24, 5:18-24; Heb. 12:1-4)
7. We seek, through prayer and our support meetings, to improve our relationship with the Holy Trinity, and to pray for power to overcome Satan's temptations.
(James 1:2-12; John 8:12; 2 Cor. 4:7-12)
8. We will have a strength to overcome the temptations Satan will use to attack us by involving the power of the Holy Spirit and/or calling a fellow member for help.
(Luke 10:17-20, 11:24-26, 11:5-10; 1 Cor. 10:12-13)
9. If we do have an occasional fall, we will immediately ask for God's forgiveness, turn away from the sin, and seek God's power not to repeat the sin.
(John 14:14-18, 8:7-11)
10. Once, through God's grace, we have broken the hold that Satan had on us through our homosexuality, we will carry the message of hope to others.
(1 Peter 3:13-17; Col. 1:21-29)