

36-DAY FIRST FRUIT FAST & CONSECRATION
“THE JOURNEY TO INWARD HEALING, DELIVERANCE, SOUL-TRANSFORMATION,
& LIFE-STYLE CHANGES “
SUNDAY, JANUARY 1ST 2012 – SUNDAY, FEBRUARY 5TH 2012

Wow! 36days, I hope this fast and consecration has changed your life. I know we will never be the same and God is going to do great things for us individually and collectively in this 2012 year! Remember this fast & consecration is a movement, keep it going! We encourage you to review the consecration package, keep working at disciplining yourself to spend 2 hours 40 minutes with the God-Head. Incorporate the spiritual practices, praying exercise, and confession as a way of life. **DON'T GO BACK!** Keep moving forward towards the great plan God has for you! The enemy would love to distract you from your destiny. Lamentations 1:9 NKJV – says “she did not consider her destiny; therefore her collapse was awesome” or the NLT- “she defiled herself with immorality and gave no thought to her future, now she lies in the gutter with no one to lift her out”. Consider your destiny as you walk, No more gutter living! Remember, God has an awesome plan for your life, therefore, the good work God has begun in you He will perfect and finish it! There is more in you and there is more He wants to reveal to You! Command your new morning, your night season of weeping is over; this is the fast & consecration to bring you into your **MORNING** Season. Let's press towards that mark, the High call in Christ Jesus! We are excited about your near future the remaining 330 days left in 2012 and your distant future! The best is yet to come! **ANTICIPATE AND EXPECT YOUR DAYS TO BE BLESSED AND FILLED WITH GREAT EXPLOITS, PROSPERITY, MIRACLES, SIGNS AND WONDERS.**

ABBA Father has blessed us to conclude this season of First Fruits Fasting & Consecration! As we conclude, we extend to you a personal invitation to partake in corporate communion, Sunday, February 5, 2012. Join us at our one of our Ministry Locations (Chicago, IL - Toledo, OH - Orlando, FL - Las Vegas, NV) or via our global family community @ www.livestream.com/lfcministries. During this corporate communion we will apostolically & prophetically decree the blessings of the Lord upon you and corporately release you into your new season!

You don't want to miss this upper room, last supper experience! Join us on the web and please continue blogging your journey @ www.labourers-for-christ.org under the “Conversations with God” tab. As a ministry we love to hear the testimonies of victory and the things God is revealing in your life. Please post your thoughts and concerns, we would love to hear the miracles, breakthroughs and praise reports. Also you can log on to www.labourers-for-christ.org for a fasting package or to include a friend in this journey it's not too late! Enjoy the ministry of the Holy Spirit! Get ready for your suddenly season of power, peace, praise and prosperity!

Let's Pray: Father, I am enjoying my journey and love walk with you! I am changing from the inside out. I ask for your favor to increase, I pray that You will continue to take me on a Enoch walk. God I don't want to ever be the same. I know this is the fast you chose for me. My bands are loosed, yokes are destroyed and burdens are removed. I cannot walk with you and stay the same! Put a new song in my mouth; let the bones that this fast and consecration has broken, now, Rejoice. Thanks for new birth, 36 days are up but I am not stopping. I will continue to walk in the good work you have begun in me, I will never return to that vomit way of life. The spirit of lots wife is broken off of me, I will not look back! I daily pick up my cross and follow you, like Peter, John, and James I have left my boat (my will) and my nets (my ways) and I am following You! Father, the word left in the Greek means (to divorce, to leave one way in order to go another way, to omit, to wave bye while moving forwarded, to disregard, and not discuss or talk myself out of it). I will live this new life all of my days. This fast & consecration has been my first fruit to You! I pray You have received it as Holy! In Jesus name I pray Amen! (So shall it be)

Day 31
01/31/12

Week 4
(01/31/12 - 02/05/12)
"First Fruit"

Binding & Loosing Practice For The Day:
Bind - Fear (2Ti. 1:7)
Loose - Faith (Heb. 11:1)

PRAYER PRACTICE FOR THE DAY:

Breathe Prayer:

Breath prayer is linked to the rhythms of breathing: (1) breathe in, calling on a biblical name or image of God, and (2) breathe out a simple God-given desire.

Ex: breathe in "Abba" breathe out "I belong to you": breathe in "Holy One" breathe out "keep me true"

Ex: breathe in "Jesus" breathe out "have mercy on me": breathe in "Lord", breathe out "here I AM"

DANIEL FAST:

When you enter the Daniel Fast, you not only modify your diet, but you also begin praying for Gods wisdom to make appropriate choices of food in your diet, adding some and deleting others. Remember the Daniel Fast is not only about what you don't put in your mouth but what's in your heart "Daniel purposed in his heart that he would not defile himself with the portion of the kings table" (Daniel 1:8) *see attachment for food and meal suggestions.

SCRIPTURAL I AM PROMISE:

1John 5:18 - I Am born of God and the evil one cannot touch me!

STEP TO FREEDOM IN CHRIST EXERCISE FOR THE DAY:

Deception versus Truth! Prayerfully consider the list given or trust the Holy Spirit to reveal any deceptive lies you may believe. Use the prayer provided in order to confess any ways you have given in to deception.

- Believing you can read, see, or listen to anything and not be corrupted (prov. 4:23-27, Matt 5:28)**
- Believing that you must gain the approval of certain people in order to be happy (Galatians 1:10)**

Lord Jesus, I confess that I have been deceived by [confess the item you checked above or what the Holy Spirit revealed]. I thank You for your forgiveness, and I commit myself to believe only Your truth. In Jesus name I pray. Amen

ACKNOWLEDGING THE TRUTH ABOUT GOD:

The following practice will help renew your mind to a true knowledge of God. Read the list aloud. Start with the left column (renounce) and then read the right column (truth).

I RENOUNCE THE LIE THAT GOD IS:
Distant and Disinterested

I CHOOSE TO BELIEVE THE TRUTH THAT GOD IS:
Intimated and Involved (Psalms 139:1-18)

SCRIPTURAL TALK WITH GOD:

Spend time listening to God, write down the scripture you believe He revealed in your heart, write it down, mediate on it and then ask God for clarity, confirmation and reveal what He is trying to speak to you!.

THE SCRIPTURE GOD SPOKE TO ME TODAY IS: _____

SCRIPTURE CONFSSION:

I am the Apple of His eye (Deuteronomy 32:9-11)

Day 32
02/01/12

Week 4
(01/31/12 - 02/05/12)
"First Fruit"

Binding & Loosing Practice For The Day:
Bind - Hate (Mat. 5:21-22)
Loose - Love (1Cor. 13:3)

PRAYER PRACTICE FOR THE DAY:

Breath Prayer:

Breath prayer is linked to the rhythms of breathing: (1) breathe in, calling on a biblical name or image of God, and (2) breathe out a simple God-given desire.

Ex: breathe in "Abba" breathe out "I belong to you": breathe in "Holy One" breathe out "keep me true"

Ex: breathe in "Jesus" breathe out "have mercy on me": breathe in "Lord", breathe out "here I AM"

DANIEL FAST:

When you enter the Daniel Fast, you not only modify your diet, but you also begin praying for God's wisdom to make appropriate choices of food in your diet, adding some and deleting others. Remember the Daniel Fast is not only about what you don't put in your mouth but what's in your heart "Daniel purposed in his heart that he would not defile himself with the portion of the kings table" (Daniel 1:8) *see attachment for food and meal suggestions

SCRIPTURAL I AM PROMISE:

Matthew 5:13-14 - I Am the salt of the earth and the light of the world!

STEP TO FREEDOM IN CHRIST EXERCISE FOR THE DAY:

Deception versus Truth! Prayerfully consider the list given or trust the Holy Spirit to reveal any deceptive lies you may believe. Use the prayer provided in order to confess any ways you have given in to deception.

- Believing that you can sin and get away without any negative consequences (Hebrews 3:12-13)**
- Believing that you need more than what God has given you in Christ (2Corinthians 11:2-4, 13-15)**

Lord Jesus, I confess that I have been deceived by [confess the item you checked above or what the Holy Spirit revealed]. I thank You for your forgiveness, and I commit myself to believe only Your truth. In Jesus name I pray. Amen

ACKNOWLEDGING THE TRUTH ABOUT GOD:

The following practice will help renew your mind to a true knowledge of God. Read the list aloud. Start with the left column (renounce) and then read the right column (truth).

I RENOUNCE THE LIE THAT GOD IS:

Condemning or unforgiving

I CHOOSE TO BELIEVE THE TRUTH THAT GOD IS:

Tender hearted and forgiving; His heart and arms are always open to me (Ps. 130:1-4; Luke 15:11-16)

SCRIPTURAL TALK WITH GOD:

Spend time listening to God, write down the scripture you believe He revealed in your heart, write it down, meditate on it and then ask God for clarity, confirmation and reveal what He is trying to speak to you!.

THE SCRIPTURE GOD SPOKE TO ME TODAY IS: _____

SCRIPTURE CONFESSION:

Stand firm, then and do let yourself be burden again by a yoke of slavery (Gal 5:1b NIV)

Day 33
02/02/12

Week 4
(01/31/12 - 02/05/12)
"First Fruit"

Binding & Loosing Practice For The Day:
Bind - Pride (Prov. 16:5)
Loose - Humility (James 4:6)

PRAYER PRACTICE FOR THE DAY:

Centering Prayer:

Centering prayer is where we seek to quiet scattered thoughts and desires in the still center of Christ's presence. In centering prayer we do not give God information about all our needs, ideas, agendas, etc. You leave out all suggestions and request. You simply sit in the presence of God and give Him your undivided love and attention. Generally, in centering prayer the only words that are spoken are words that continually bring our drifting attention back to God. Ex: Jesus, I love you, Father, peace, I worship you, naming a name of God: Jehovah.

DANIEL FAST:

When you enter the Daniel Fast, you not only modify your diet, but you also begin praying for God's wisdom to make appropriate choices of food in your diet, adding some and deleting others. Remember the Daniel Fast is not only about what you don't put in your mouth but what's in your heart "Daniel purposed in his heart that he would not defile himself with the portion of the kings table" (Daniel 1:8) *see attachment for food and meal suggestions

SCRIPTURAL I AM PROMISE:

Ephesians 2:10 - I Am God's workmanship, created for good works!

STEP TO FREEDOM IN CHRIST EXERCISE FOR THE DAY:

Deception versus Truth! Prayerfully consider the list given or trust the Holy Spirit to reveal any deceptive lies you may believe. Use the prayer provided in order to confess any ways you have given in to deception.

- Believing you must measure up to certain standards in order to feel good about yourself (Gal. 3:2-3)**
- Believing that an attractive body and personality will get you what you need (Prov. 31:30; 1Pet. 3:3-4)**

Lord Jesus, I confess that I have been deceived by [confess the item you checked above or what the Holy Spirit revealed]. I thank You for your forgiveness, and I commit myself to believe only Your truth. In Jesus name I pray. Amen

ACKNOWLEDGING THE TRUTH ABOUT GOD:

The following practice will help renew your mind to a true knowledge of God. Read the list aloud. Start with the left column (renounce) and then read the right column (truth).

I RENOUNCE THE LIE THAT GOD IS:

Stern and demanding

I CHOOSE TO BELIEVE THE TRUTH THAT GOD IS:

Accepting filled with joy & love (Zeph.3:17)

SCRIPTURAL TALK WITH GOD:

Spend time listening to God, write down the scripture you believe He revealed in your heart, write it down, meditate on it and then ask God for clarity, confirmation and reveal what He is trying to speak to you!.

THE SCRIPTURE GOD SPOKE TO ME TODAY IS: _____

SCRIPTURE CONFESSION:

Consider well the path of your feet, and let your ways be established and order aright (Prov.4:26 AMP)

Day 34
02/03/12

Week 4
(01/31/12 - 02/05/12)
"First Fruit"

Binding & Loosing Practice For The Day:
Bind - Rebellion (1Sam. 15:23)
Loose - Submission (Heb. 13:17)

PRAYER PRACTICE FOR THE DAY:

Centering Prayer:

Centering prayer is where the petitioner seeks to quiet scattered thoughts and desires in the still center of Christ's presence. In centering prayer we do not give God information about all our needs, ideas, agendas, etc. You leave out all suggestions and request. You simply sit in the presence of God and give Him your undivided love and attention. Generally, in centering prayer the only words that are spoken are words that continually bring our drifting attention back to God. Ex: Jesus, I love you, Father, peace, I worship you, naming a name of God: Jehovah.

DANIEL FAST:

When you enter the Daniel Fast, you not only modify your diet, but you also begin praying for God's wisdom to make appropriate choices of food in your diet, adding some and deleting others. Remember the Daniel Fast is not only about what you don't put in your mouth but what's in your heart "Daniel purposed in his heart that he would not defile himself with the portion of the kings table" (Daniel 1:8) *see attachment for food and meal suggestions

SCRIPTURAL I AM PROMISE:

Philippians 1:6 - I Am confident that the good work God has begun in me will be perfected!

STEP TO FREEDOM IN CHRIST EXERCISE FOR THE DAY:

Deception versus Truth! Prayerfully consider the list given or trust the Holy Spirit to reveal any deceptive lies you may believe. Use the prayer provided in order to confess any ways you have given in to deception.

- Believing that acquiring money and things will bring lasting happiness (Matt. 13:22 1Tim. 6:10)**
- Believing that excessive food and alcohol can relieve your stress & make you happy (Prov. 23:19-21)**

Lord Jesus, I confess that I have been deceived by [confess the item you checked above or what the Holy Spirit revealed]. I thank You for your forgiveness, and I commit myself to believe only Your truth. In Jesus name I pray. Amen

ACKNOWLEDGING THE TRUTH ABOUT GOD:

The following practice will help renew your mind to a true knowledge of God. Read the list aloud. Start with the left column (renounce) and then read the right column (truth).

I RENOUNCE THE LIE THAT GOD IS:

Absent or too busy for me

I CHOOSE TO BELIEVE THE TRUTH THAT GOD IS:

Always with me & eager to be with me (Jer. 31:20)

SCRIPTURAL TALK WITH GOD:

Spend time listening to God, write down the scripture you believe He revealed in your heart, write it down, mediate on it and then ask God for clarity, confirmation and reveal what He is trying to speak to you!.

THE SCRIPTURE GOD SPOKE TO ME TODAY IS: _____

SCRIPTURE CONFESSION:

If any of you wants to serve Me, then follow Me, ready to serve at a moment notice (John 12:26 MSG)

Day 35
02/04/12

Week 4
(01/31/12 - 02/05/12)
"First Fruit"

Binding & Loosing Practice For The Day:
Bind - Lying (Eph. 4:25)
Loose - Speak Truth (Zech. 8:16)

PRAYER PRACTICE FOR THE DAY:

Intercessory Prayer:

Intercessory prayer invites us into God's care and concern for us, our families, friends, and the entire world. Intercession is not a means of manipulating heaven into doing our will. Rather it is a way we become aware of God's prayer for a person and join that intercession. Intercession is waiting for God to initiate the prayer with a thought, person, care, or world concern.

DANIEL FAST:

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SCRIPTURAL I AM PROMISE:

Acts 1:8 - I Am a personal, Spirit-empowered witness of Christ!

STEP TO FREEDOM IN CHRIST EXERCISE FOR THE DAY:

Deception versus Truth! Prayerfully consider the list given or trust the Holy Spirit to reveal any deceptive lies you may believe. Use the prayer provided in order to confess any ways you have given in to deception.

- Believing that you can associate with bad company and not become corrupted (1Cor. 15:33-34)**
- Believing that excessive caffeine & or nicotine can relieve your stress & make you happy (Prov. 23:19-21)**

Lord Jesus, I confess that I have been deceived by [confess the item you checked above or what the Holy Spirit revealed]. I thank You for your forgiveness, and I commit myself to believe only Your truth. In Jesus name I pray. Amen

ACKNOWLEDGING THE TRUTH ABOUT GOD:

The following practice will help renew your mind to a true knowledge of God. Read the list aloud. Start with the left column (renounce) and then read the right column (truth).

I RENOUNCE THE LIE THAT GOD IS:

Mean, cruel or abusive

I CHOOSE TO BELIEVE THE TRUTH THAT GOD IS:

Loving, gentle, & protective (Isaiah 42:3; Ps. 18:2)

SCRIPTURAL TALK WITH GOD:

Spend time listening to God, write down the scripture you believe He revealed in your heart, write it down, meditate on it and then ask God for clarity, confirmation and reveal what He is trying to speak to you!

THE SCRIPTURE GOD SPOKE TO ME TODAY IS: _____

SCRIPTURE CONFESSION:

Worship the Lord in the beauty of Holiness (Ps. 96:9 NKJV)

Day 36
02/05/12

Week 4
(01/31/12 - 02/05/12)
"First Fruit"

Binding & Loosing Practice For The Day:
Bind - Complacency (Rev. 3:15)
Loose - Zeal (Rev. 3:19)

PRAYER PRACTICE FOR THE DAY:

Intercessory Prayer:

Intercessory prayer invites us into God's care and concern for us, our families, friends, and the entire world.

Intercession is not a means of manipulating heaven into doing our will. Intercession is a way we become aware of God's prayer for a person and join in. Intercession is waiting for God to initiate the prayer with a thought, person, care, or world concern.

DANIEL FAST:

When you enter the Daniel Fast, you not only modify your diet, but you also begin praying for God's wisdom to make appropriate choices of food in your diet, adding some and deleting others. Remember the Daniel Fast is not only about what you don't put in your mouth but what's in your heart "Daniel purposed in his heart that he would not defile himself with the portion of the kings table" (Daniel 1:8) *see attachment for food and meal suggestions

SCRIPTURAL I AM PROMISE:

Ephesians 2:6 1:14 - I Am seated with Christ in the heavenly realm!

STEP TO FREEDOM IN CHRIST EXERCISE FOR THE DAY:

Deception versus Truth! Prayerfully consider the list given or trust the Holy Spirit to reveal any deceptive lies you may believe. Use the prayer provided in order to confess any ways you have given in to deception.

- Believing that gratifying sexual lust will bring lasting satisfaction (Eph.4:22; 1Pet. 2:11)**
- Believing that you can do whatever you want and no one can touch you (Prov. 16:18; Obadiah 3)**

Lord Jesus, I confess that I have been deceived by [confess the item you checked above or what the Holy Spirit revealed]. I thank You for your forgiveness, and I commit myself to believe only Your truth. In Jesus name I pray. Amen

ACKNOWLEDGING THE TRUTH ABOUT GOD:

The following practice will help renew your mind to a true knowledge of God. Read the list aloud. Start with the left column (renounce) and then read the right column (truth).

I RENOUNCE THE LIE THAT GOD IS:

nit-picking, demanding & perfectionist

I CHOOSE TO BELIEVE THE TRUTH THAT GOD IS:

Committed to my growth & proud of me as His beloved child (Rom. 8:28-29; Heb. 12:5-11)

SCRIPTURAL TALK WITH GOD:

Spend time listening to God, write down the scripture you believe He revealed in your heart, write it down, meditate on it and then ask God for clarity, confirmation and reveal what He is trying to speak to you!.

THE SCRIPTURE GOD SPOKE TO ME TODAY IS: _____

SCRIPTURE CONFESSION:

Ask, and you shall receive that your joy may be full (John 16:24 NKJV)